



for immediate relief

muffin de-puffin'

introducing bliss love handler™

late-breaking bliss!

Get ready to 'waist' away! Bliss announces the arrival of **love handler**, sister to best-selling skin-firming cream, **fatgirlslim**. This liquid workout for lazy abdominals wages war on not-so-hard 'core' areas to whittle wiggly waists and tone pudgy tummies. Follow the recipe below to help rid your middle of its muffin top - that dreaded roll of 'dough' protruding over your pants.

skinny 'dish':
new! **bliss love handler**

ingredients:

- **Caffeine:** formulated for **8 hour extended release** on lingering lipids (we kid you not - it's clinically proven for all day action)
- **Cooling Mint Oil:** stimulates circulation
- **Amino Acids:** helps to boost cellular metabolism

directions:

Squeeze a silver dollar-sized amount of **love handler** into your palm and massage into mid- and aspirational 'six pack' sections once a day for 20-30 seconds, making sure to detail all sides of your 'spare tire'.

servings:
8 oz \$36

baker's tip> For a super-sized slimming session, follow **love handler** with a full body-helping of **fatgirlslim**.

It's 'ab'-solutely flab-u-less, if we do say so ourselves.

'in-spa'

the love handler™

This serious spare-tire tackling treatment combines vacuum-assisted massage, adipose-assaulting essential oils, a firming seaweed task mask and our own love handler to target cellulite, stubborn fat, lazy lymphs, sluggish cells and connective tissue. We recommend a six (session) pack. **60 min \$130**

available at **bliss spas**, **blissworld.com**, **bliss catalog 888 243 8825** and select **sephora**, **nordstrom**, **blue mercury** and boutique retailers.

bliss. anything less would be stress.

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