

bliss®

for immediate relief
new york, new york

late-
breaking
bliss!

scrub-a-dub-‘blub’ introducing bliss fatgirlscrub™

Help scrub away visible blub with **bliss**’ latest addition to the famed fatgirl family. **Fatgirlscrub** is a skin-smoothing, circulation-stimulating body exfoliator for less-than-perfect parts. With 60% Himalayan Pink Salt to step up circulation and lessen the look of lumpiness, the cooling formula sloughs off dead skin to enhance the performance of any of our other dimple-dashing solutions applied afterwards.

Help fight fat with:

- **red algae** that has been tested for counteracting the appearance of water retention and the unsightly look of bloated-ness.
- **himalayan pink salt** to achieve a vigorous exfoliation that is both pleasant and efficacious.
- **grapefruit and peppermint extracts** that impart a cool, refreshing sensation upon application.

scrub your way to slim:

fatgirlscrub works to promote circulation through exfoliation and massage, which help reduce the accumulation of stagnant fluids that contribute to lumps and bumps. It also helps to slough off dead skin cells that block the penetration and efficacy of slimming solutions applied after.

- begin at your feet and scrub upward, using enough pressure to stimulate circulation, but not enough to bruise you.
- use circular motions around your knees, at the tops and inner areas of your thighs, and on the backs of your arms.
- circle around your abdomen: from the lower right side, move up and across your belly-button, then down along the left side.

fatgirlscrub: 8oz \$38



visit blissworld.com/spa for spa locations.

bliss. from our spa to your skin.

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